

What Makes Me Beautiful? “DRAW YOURSELF BEAUTIFUL!”



Grades K – 2

PURPOSE:

1. To explore the various ways in which a person can be beautiful.
2. To define and understand the definition(s) of beauty.
3. To discuss what makes the boy in the story beautiful to his family.
4. How different characteristics in people can be seen as beautiful.
5. What makes you beautiful? To your family? To your friends?
6. To discover how compliments make us feel about ourselves.
7. Reinforcing positive self-images.

MATERIALS: The book *What Makes Me Beautiful* by Mutiya and David Vision, Illustrations by Ignacio Alcantara; crayons and large construction paper, watercolor paints, magazines and tissue paper for collage, safety scissors and glue.

ACTIVITY / PROCEDURE:

1. Read *What Makes Me Beautiful*.
2. Write a student-generated word list on the board of qualities from the story that makes the boy beautiful to his family and friends.
3. Have students talk about positive characteristics about themselves, and how they are beautiful to their family and friends.
4. Have students draw portraits of themselves, and decorate them with collage materials or paint.
5. Students may also create portraits of their family members and friends who are important to them doing activities.

FOLLOW-UP:

1. Discuss the book and what students recall about ***What Makes Me Beautiful?***
2. Discuss how creating positive portraits made them feel about themselves.
3. How do you think the boy in the story felt after hearing all the wonderful compliments from his family and friends?
4. Have students share about how their family members and friends make them feel special or beautiful.
5. Do positive words make you smile?
6. Hang student portraits around the room.

VISION WORKS Publishing ORDERING & CONTACT INFORMATION: To order *What Makes Me Beautiful*, and for more information on booking the authors, or other publications by Vision Works, visit: www.VisionWorksPub.com, or simply call (888) 789-6757.